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LiFE (Lifestyle for Environment) was introduced by Hon'ble Prime Minister Shri. Narendra Modi at COP26 in Glasgow on 1 November 2021as a mass movement for "mindful and deliberate utilization, instead of mindless and destructive consumption" to protect and preserve the environment.

LiFE's aims to nudge individuals and communities to practice a lifestyle that is synchronous with nature and does not harm it. Those who practice such a lifestyle are recognised as *Pro Planet People*. India is the first country to include LiFE in its Nationally Determined Contributions.

Energy Management Centre- Kerala (EMC), under the Department of Power, Government of Kerala which is also the State Designated Agency (SDA) for Bureau of Energy Efficiency (BEE) is working towards the goals that have been envisaged for the LiFE movement.

EMC is organising Energy Conservation and Energy Efficiency related awareness programmes as two phases in the state as per the following guidelines with the support of its stakeholders.

| | Phase 1 | Phase 2 |
|-------------------|-------------------------------------|-------------------------------------|
| Programme | "LiFE for Urjja Samrakshan" | |
| Name: | | |
| Who are eligible | EMC Resource Persons, NGO's, | EMC Resource Persons, NGO's, |
| for conducting | Urjamithras, SEP Coordinators, CEA, | Urjamithras, SEP Coordinators, CEA, |
| the programme | CEM, BEEE's. | CEM, BEEE's. |
| (Organisers) | | |
| Start date of | 13-05-2023 | 13-05-2023 |
| Registration: | | |
| | | |
| Closing date of | 31-05-2023, 11.00 hrs | 30-06-2023,11.00 hrs |
| Registration: | | |
| | | |
| Registration link | https://tinyurl.com/EMCLiFEReg1 | https://tinyurl.com/EMCLiFEReg2 |
| (google form): | | |
| | | |
| Start date of | 15-05-2023 | 05-06-2023 |
| conducting the | | |
| programme: | | |
| | | |

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| Last date of | 31-05-2023 | 01-12-2023 |
|-------------------|------------------------------------|------------------------------------|
| conducting the | | |
| programme: | | |
| Last date of | 02-06-2023 | 10-12-2023 |
| submission of | | |
| programme | | |
| details in google | | |
| form: | | |
| | | |
| Programme | https://tinyurl.com/EMCLiFEReport1 | https://tinyurl.com/EMCLiFEReport2 |
| details upload | | |
| link (google | | |
| form): | | |
| Maximum | Rs. 7500/- only | Rs. 5000/- only |
| Amount that | | |
| will be allotted | | |
| for conducting | | |
| one programme | | |
| in the Phase | | |

Guidelines for Phase 1

- i. Programme will be an **offline** orientation session (minimum 1 hour and maximum of 2 hours) on topic "**Energy Conservation & Energy Efficiency**".
- ii. A minimum participation of 30 is mandatory for the programme.
- iii. Programmes can be conducted by any one of the eligible group listed above.
- iv. Only EMC Smart Energy Programme (SEP) coordinators are allowed to conduct programmes in connection with schools (LP, UP, HS & HSS).
- v. EMC will acknowledge the registration of the organiser on their registered emails with a unique Registration Id (each for a program). Once the acknowledgment with the registration id is received you may conduct the programme on the proposed date.
- vi. One Organiser (person/institution) can conduct any no. of programmes within the stipulated time and upload the details within the stipulated time.
- vii. Programme should have eco-friendly backdrop consisting of programme name, EMC, BEE, LiFE & G20 logos.
- viii. A maximum amount of Rs. 7500/- will be provided per programme which will be inclusive of all expenses and taxes if any.
- ix. Registration can be done in the Link: https://tinyurl.com/EMCLiFEReg1 and shall be completed before 31st May 2023, 11.00 AM
- x. Last date of conducting the programme **is 31**st **May 2023, 16.00 hrs** and after the conduction of the programme, programme details (maximum of 3 photos (less than 2 MB each), 30 seconds video (less than 10 MB), no of participant details, bank account details of the organiser etc shall be uploaded in the google form link https://tinyurl.com/EMCLiFEReport1 before **2**nd **June 2023** for EMC verification.

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- xi. EMC will process the submissions that's is the uploaded programme details and credit the honorarium amount to the Organiser within a month after submission of the details in the google form.
- xii. EMC will not accept nor consider any submissions after the stipulated time is over.
- xiii. EMC has the right to suspend the registration process once the target no of programmes or fund utilisation has reached its limit and the programme will be allotted on first come first serve basis.

Guidelines for Phase 2

- i. Programme will be an **offline** orientation session (minimum 1 hour and maximum of 2 hours) on topic "**Energy Conservation & Energy Efficiency**".
- ii. A minimum participation of 30 is mandatory for the programme.
- iii. Programmes can be conducted by any one of the eligible group listed above.
- iv. Only EMC Smart Energy Programme (SEP) coordinators are allowed to conduct programmes in connection with schools (LP, UP, HS & HSS).
- v. EMC will acknowledge the registration of the organiser on their registered emails with a unique Registration Id. Once the acknowledgment with the registration id is received you may conduct the programme on the proposed date.
- vi. One Organiser (person/institution) can conduct only a maximum of 5 no. of programmes within the stipulated time and upload the details within the stipulated time.
- vii. Programme should have eco-friendly backdrop consisting of programme name, EMC, BEE, LiFE & G20 logos.
- viii. A maximum amount of Rs. 5000/- will be provided per programme which will be inclusive of all expenses and taxes if any.
 - ix. Registration can be done in the Link: https://tinyurl.com/EMCLiFEReg2 and shall be completed before 30th June 2023, 11.00 AM
 - x. Last date of conducting the programme **is 1**st **December 2023, 16.00 hrs** and after the conduction of programme, the programme details (maximum of 3 photos (less than 2 MB each), 30 seconds video (less than 10 MB), no of participant details, bank account details of the organiser etc shall be uploaded in the google form link https://tinyurl.com/EMCLiFEReport2 before **10**th **December 2023** for EMC verification.
 - xi. EMC will process the submissions that's is the uploaded programme details and credit the honorarium amount to the Organiser within a month after submission of the details in the google form.
- xii. EMC will not accept nor consider any submissions after the stipulated time is over.
- xiii. EMC has the right to suspend the registration process once the target no of programmes or fund utilisation has reached its limit and the programme will be allotted on first come first serve basis.

Please Note:

- Phase 1 & Phase 2 registration google form link and programme details upload google form link are different
- Event related logos can be downloaded from google drive link: https://tinyurl.com/EMCLiFELogos

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